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| **2024 Winter IHSS Caregiver Training Topics by UCI School of Nursing** | | | | | | | | | | |
| **Training Session Date** | | **Session Time** | **Topics** | | **Language** | | **Audience** | | | **# IHSS Caregiver Attendees** |
| Monday, February 26, 2024 | | 8:30-10:30a | **Fall Prevention, Safety, Client Transfers** | | **English** | | **Caregivers** | | |  |
| 1. **Location:** 500 N State College Blvd, Orange, CA 92868 2. **Course Name**: Fall Prevention, Safety, Client Transfers for Caregivers 3. **Training Format**: Select the delivery method that will be used for the course.    * **In-Person:**Training is offered in a traditional format, in specific locations. 4. **Language Availability**: English & Spanish 5. **Trainer Information**: UCI School of Nursing MEPN Students 6. **Training Duration**: 2 hours x 1 session 7. **Course Frequency**: Once on 2/26/2024, 8:30-10:30a 8. **Course Description**: The course will educate learners on the basic concepts of fall prevention, home safety, and how to safely transfer clients from different positions. 9. **Course Goals**: 10. Learners will be able to identify strategies to prevent falls in the home setting 11. Learners will be able to recognize home safety hazards and how to avoid them 12. Learners will be able to demonstrate proper body mechanics when transferring patients 13. Learners will be able to understand the proper use of transfer equipment (i.e., gait belt) 14. **Other Course Information**: NA | | | | | | | | | | |
| Friday, March 1, 2024 | | 8:30-10:30a | **Chronic Disease Management:**  **Diabetes** | | **English** | | **Caregivers** | | |  |
| 1. **Location:** 500 N State College Blvd, Orange, CA 92868 2. **Course Name**: Chronic Disease Management - Diabetes 3. **Training Format**: Select the delivery method that will be used for the course.    * **In-Person:**Training is offered in a traditional format, in specific locations. 4. **Language Availability**: English 5. **Trainer Information**: UCI School of Nursing MEPN Students 6. **Training Duration**: 2 hours x 1 session 7. **Course Frequency**: Once on 3/1/2023, 8:30-10:30a 8. **Course Description**: This course will provide learners the basic understanding and skills to care for a person with diabetes. 9. **Course Goals**: 10. Learners will be able to describe a basic understanding of diabetes 11. Learners will be able to demonstrate the proper technique of obtaining a blood glucose reading 12. Learners will be able to describe the proper technique of administering medications for diabetes 13. Learners will be able to describe identify the nutritional guidelines for a person with diabetes 14. Learners will be able to identify proper foot and oral care for a person with diabetes 15. **Other Course Information**: N/A | | | | | | | | | | |
| Friday March 1, 2024 | | 11:00-1:00p | **Chronic Disease Management:**  **Skin & Line Care** | | **English** | | **Caregivers** | | |  |
| 1. **Location:** 500 N State College Blvd, Orange, CA 92868 2. **Course Name**: Chronic Disease Management – Skin & Line Care 3. **Training Format**: Select the delivery method that will be used for the course.    * **In-Person:**Training is offered in a traditional format, in specific locations. 4. **Language Availability**: English 5. **Trainer Information**: UCI School of Nursing MEPN Students 6. **Training Duration**: 2 hours x 1 sessions 7. **Course Frequency**: Once on 3/1/2024, 11:00a-1:00p 8. **Course Description**: This course will educate learners on the basic concepts of personal care, hygiene, and self-care. 9. **Course Goals**: 10. Learners will be able to describe the different types of medical/nursing lines 11. Learners will be able to describe the different stages of pressure ulcers 12. Learners will be able to identify strategies to provide line care for various medical/nursing lines 13. Learners will be able to identify strategies to prevent and care for clients with pressure ulcers 14. Learners will be able to understand findings that require immediate medical attention. 15. **Other Course Information**: N/A | | | | | | | | | | |
| Monday, March 4, 2024 | | 8:30-10:30a | **Personal Care** | | **English** | | **Caregivers** | | |  |
| 1. **Location:** 500 N State College Blvd, Orange, CA 92868 2. **Course Name**: Personal Care 3. **Training Format**: Select the delivery method that will be used for the course.    * **In-Person:**Training is offered in a traditional format, in specific locations. 4. **Language Availability**: English 5. **Trainer Information**: UCI School of Nursing MEPN Students 6. **Training Duration**: 2 hours x 1 session 7. **Course Frequency**: Once on 3/1/2024, 8:30a-10:30a 8. **Course Description**: This course will educate learners on the basic concepts of personal care, hygiene, and self-care. 9. **Course Goals**: 10. Learners will be able to describe the importance of medication tracking 11. Learners will be able to identify strategies to provide bowel and bladder care (Including catheters and ostomies) 12. Learners will be able to identify strategies to provide skin, nail, and oral care 13. Learners will be able to explain the steps to ensure safe bathing 14. Learners will be able to identify strategies to address self-care. 15. **Other Course Information**: N/A | | | | | | | | | | |
| Monday, March 4, 2024 | | 11:00-1:00p | **Chronic Disease Management:**  **Skin & Line Care** | | **English** | | **Caregivers** | | |  |
| 1. **Location:** 500 N State College Blvd, Orange, CA 92868 2. **Course Name**: Chronic Disease Management - Diabetes 3. **Training Format**: Select the delivery method that will be used for the course.    * **In-Person:**Training is offered in a traditional format, in specific locations. 4. **Language Availability**: English 5. **Trainer Information**: UCI School of Nursing MEPN Students 6. **Training Duration**: 2 hours x 2 sessons 7. **Course Frequency**: Once on 3/4/2023, 11:00a-1:00p 8. **Course Description**: This course will educate learners on the basic concepts of personal care, hygiene, and self-care. 9. **Course Goals**: 10. Learners will be able to describe the different types of medical/nursing lines 11. Learners will be able to describe the different stages of pressure ulcers 12. Learners will be able to identify strategies to provide line care for various medical/nursing lines 13. Learners will be able to identify strategies to prevent and care for clients with pressure ulcers 14. Learners will be able to understand findings that require immediate medical attention. 15. **Other Course Information**: N/A | | | | | | | | | | |
| Friday, March 8, 2024 | 1:30-3:30p | | | **Personal Care** | | **English** | | **Caregivers** |  | |
| 1. **Location:** 500 N State College Blvd, Orange, CA 92868 2. **Course Name**: Chronic Disease Management - Diabetes 3. **Training Format**: Select the delivery method that will be used for the course.    1. **In-Person:**Training is offered in a traditional format, in specific locations. 4. **Language Availability**: English 5. **Trainer Information**: UCI School of Nursing MEPN Students 6. **Training Duration**: 2 hours x 1 sessons 7. **Course Frequency**: Once on 3/8/2024, 1:30-3:30p 8. **Course Description**: This course will provide learners the basic understanding and skills to care for a person with diabetes. 9. **Course Goals**: 10. Learners will be able to describe a basic understanding of diabetes 11. Learners will be able to demonstrate the proper technique of obtaining a blood glucose reading 12. Learners will be able to describe identify the nutritional guidelines for a person with diabetes 13. Learners will be able to identify proper foot and oral care for a person with diabetes 14. **Other Course Information**: N/A | | | | | | | | | | |

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| **2024 Winter IHSS Social Work Training Topics by UCI School of Nursing** | | | | | |
| **Training Session Date** | **Session Time** | **Topics** | **Language** | **Audience** | **# of Attendees** |
| Thursday, February 29, 2024 | 8:30-10:30a | Chronic Disease Management:  **Diabetes** | **English** | **Social Workers** |  |
|  | 11:00-1:00p | Chronic Disease Management:  **Diabetes** | **English** | **Social Workers** |  |
| 1. **Location:** 2. **Course Name**: Chronic Disease Management - Diabetes 3. **Training Format**: Select the delivery method that will be used for the course.    * **In-Person:**Training is offered in a traditional format, in specific locations. 4. **Language Availability**: English 5. **Trainer Information**: UCI School of Nursing MEPN Students 6. **Training Duration**: 2 hours x 2 sessions 7. **Course Frequency**: Twice on 2/29/2024, 8:30-10:30a, 11:00a-1:00p 8. **Course Description**: This course will provide learners the basic understanding and skills to care for a person with diabetes. 9. **Course Goals**: 10. Learners will be able to describe a basic understanding of diabetes 11. Learners will be able to demonstrate the proper technique of obtaining a blood glucose reading 12. Learners will be able to describe the proper technique of administering medications for diabetes 13. Learners will be able to describe identify the nutritional guidelines for a person with diabetes 14. Learners will be able to identify proper foot and oral care for a person with diabetes 15. **Other Course Information**: N/A | | | | | |
| Thursday, March 7, 2024 | 8:30-10:30a | Chronic Disease Management:  **Skin & Line Care** | **English** | **Social Workers** |  |
|  | 11:00-1:00p | Chronic Disease Management:  **Skin & Line Care** | **English** | **Social Workers** |  |
| 1. **Location:** 2. **Course Name**: Chronic Disease Management – Skin & Line Care 3. **Training Format**: Select the delivery method that will be used for the course.    * **In-Person:**Training is offered in a traditional format, in specific locations. 4. **Language Availability**: English 5. **Trainer Information**: UCI School of Nursing MEPN Students 6. **Training Duration**: 2 hours x 2 sessions 7. **Course Frequency**: Twice on 3/7/2023, 8:30-10:30a, 11:00a-1:00p 8. **Course Description**: This course will educate learners on the basic concepts of personal care, hygiene, and self-care. 9. **Course Goals**: 10. Learners will be able to describe the different types of medical/nursing lines 11. Learners will be able to describe the different stages of pressure ulcers 12. Learners will be able to identify strategies to provide line care for various medical/nursing lines 13. Learners will be able to identify strategies to prevent and care for clients with pressure ulcers 14. Learners will be able to understand findings that require immediate medical attention. 15. **Other Course Information**: N/A | | | | | |